



Senior

LONG COURSE CARNIVAL

**18-19 MARCH 2023
MOANA POOL, DUNEDIN**

The Otago Senior Long Course Carnival is open to all registered members aged 13 years and over as of December 31, 2022. This competition will be delivered in conjunction with the Otago Junior Long Course Championships to allow our senior members to compete in a long course pool whilst obtaining qualifying times for upcoming national events.

Entering this carnival, all participants agree to

- comply with the Sports Anti-Doping Rules
- allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Otago
- comply with any COVID-19 restrictions and protocols in place at the time of this carnival

Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to. And Swimming Otago will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand approval criteria. Also, the pool deck is only for accredited personnel and event volunteers; all other persons are to be seated in the Grandstand.

Check the event page regularly for updates!

CONTACT DETAILS

Mobile: 027 919 4319



EVENT SCHEDULE

All events are raced as single-gender, timed finals.

Saturday, March 18 - Session 1

- Warmup from 8.30am, racing at 9.15am
- 200m Butterfly
- 100m Backstroke
- 200m Freestyle
- 50m Butterfly
- 400m Individual Medley

Saturday, March 18 - Session 2

- Warmup from 1.30pm, racing at 2.15pm
- 100m Freestyle
- 50m Breaststroke
- 800m Freestyle
- 200m Backstroke
- 4 x 100m Freestyle Relay
- 4 x 100m Mixed Medley Relay

Sunday, March 19 - Session 3

- Warmup from 8.30am, racing at 9.15am
- 100m Butterfly
- 50m Backstroke
- 1500m Freestyle
- 100m Breaststroke
- 200m Individual Medley

Sunday, March 19 - Session 4

- Warmup from 1.30pm, racing at 2.15pm
- 400m Freestyle
- 200m Breaststroke
- 50m Freestyle
- 4 x 100m Medley Relay
- 4 x 100m Mixed Freestyle Relay

ENTRY DETAILS

1. Entries must be completed via Fast Lane or the Swimming NZ Database.
2. No late entries will be accepted.
3. No Refunds for any withdrawals will be given after the publication of the final Psych Sheets. However, medical withdrawals may be considered when a signed medical certificate is provided before the commencement of the competition.
4. Any required invoicing will be based on entries at the close and issued to the club.
5. Athlete's age as of December 31, 2022.
6. No qualifying times apply to this carnival, athletes can enter without an entry time, but coaches are asked to ensure their athletes are capable of the distance entered. Times held in the Results database will automatically be converted.

Individual Event: entry fee per event	\$7.00 per event	Closing March 13 at 11:59pm
Athlete Surcharge Fee	\$6.00 per athlete	<i>Non-refundable fee</i>
Relay Event: entry fee per team per event	\$12.00 per team	Closing March 14 at 11:59pm

CONDITIONS OF ENTRY

This competition will be delivered under Swimming NZ Swimming Rules, Regulations and Policies with the following specific conditions & criteria:

7. The competition will be swum long course (50m) and delivered in conjunction with the Otago Junior Long Course Championships.
8. All events will be swum as open, single-gender, timed final, and seeded based on entry times, using over-the-top starts unless indicated on the event schedule.
9. Athletes with a disability may compete at this carnival and shall do so under the IPC rules.
10. **Relay Events**, athletes must have entered at least one individual event to be eligible. Mixed relay teams must consist of 2 males & 2 females OR 1 male & 3 females OR 1 female & 3 males, and all team members must be affiliated with the same club.
11. Time trials will not be permitted.
12. Results will be published as 13 years and over, as no awards are offered at this carnival.

MORE DETAILS

13. **Seating Plan**, published on the event page. Coaches can utilise the designated coach's area on the pool deck. However, no athlete, manager or coach is to stand or sit, outside this area, during the competition sessions. Team Managers are asked to ensure athletes do not procure additional seats. No seating is permitted on the bottom row as this is a clearway.
14. **Warm Up** is conducted under the consultation and guidance of all coaches. Warmup commences forty-five (45) minutes before the start of each session. Backstroke start devices will be made available for use during each warmup period. Only lane 1 in the dive/lap pool during the competition session is open for warmup/down.
15. **Self-Marshalling** will be in place for this event. Athletes are asked to prepare in the marshalling area located in the Grandstand at the start end of the main pool four heats before their heat. For all 50m heats, athletes should Marshall six heats ahead of their own. The session programme will be available for athletes to view.
16. **Disqualification notices** can be uplifted from Club boxes.
17. **Results** will be posted as soon as possible on the gym window below the Grandstand at the shallow end of the main pool. Meet Mobile will be available, and results will be published on the event page at the end of each session.
18. **Coach and Manager Form** is to be completed via the Swimming NZ database by March 17. 'How to Guide' can be found [here](#).
19. **Officials, Timekeepers and Volunteers** are to indicate their availability via the Duty Form, accessible [here](#) or on the event page. The form closes at 5:00pm on March 13, and the roster will be available on the event page on Friday. A meeting will be held 15 minutes before the start of each session in the back hallway. Bring your water bottle and wear a dark colour top or regional shirt (if available).
20. **Team Managers' meeting** will be held 30 minutes before the start of session 1 in the back hallway.

KEY REMINDERS

March 13: Individual Entries close at 11:59pm.

March 14: Relay Entries close at 11:59pm.

March 15: Entry corrections are due, and the Duty Form closes at 5:00pm

March 17: Coaches and Managers Form closes, and the Duty Roster and Meet Programme is published

March 18: Warmup starts at 8:30am, managers meeting is at 8:45am and racing begins at 9.15am